



# **A Self-Guided Workbook for Highly Effective Teens: A Companion to the Best Selling 7 Habits of Highly Effective Teens**

*Sean Covey*

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Updated and redesigned, A Self-Guided Workbook for Highly Effective Teens by Sean Covey is a short, quick, and user friendly companion to the bestselling The 7 Habits of Highly Effective Teens. This compact workbook provides the same engaging activities, interactives, and self-evaluations but now graphically more engaging to help teens understand and apply the power of the Habits. Sean Covey has helped countless teens make better decisions and improve their sense of self-worth.

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