



Judy Hall's Book of Psychic Development

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Judy Hall's Book of Psychic Development Judy Hall

Have you ever wanted to be psychic? To widen your perceptions, hone your inner guidance and be in touch with unseen worlds? Well now you can. Judy Hall draws on more than forty five years teaching psychic development - and a lifetime of being psychic herself - to help you develop your psychic sensitivity and spiritual awareness. This book is a practical, in-depth guide to metaphysics: what it is, how to practise it and the research that supports the idea that there is something more to life than can be accessed by the five senses. In this skilfully structured course in opening your psychic awareness Judy helps you to identify how your inner knowing communicates with you, and to develop your natural psychic ability into a highly skilled, reliable tool. She then takes you to the guidance and psychic connections that go beyond this world including journeying to read the Akashic Record: the cosmic memory bank. Each section is accompanied by practical exercises to hone your sixth sense and build on already developed sensitivity. Drawing on Judy's many years as a psychic, soul retriever and past life regression therapist, this book helps you to avoid the pitfalls of the psychic path and to successfully navigate the challenging psychic situations that arise if things go wrong.

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