



# Libérese del dolor de espalda

*John E. Sarno, Dr. John E. Sarno*

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**Libérese del dolor de espalda** John E. Sarno, Dr. John E. Sarno

¿Le duele la espalda, el cuello o los hombros? ¿Sufre de dolores permanentes o intermitentes en otras partes del cuerpo? Si es así, la simple lectura de este libro puede cambiar su vida para siempre. La experiencia, la pericia y la valentía del Dr. Sarno se han combinado para dar al mundo lo que puede ser la primera piedra de la medicina del futuro. Los extraordinarios descubrimientos expuestos en esta obra -avalados por más de treinta años de experiencia y miles de pacientes curados- le sorprenderán y le abrirán una luminosa puerta hacia la esperanza.

Dr. Sarno has identified the cause of most common back, neck, shoulder, and limb pain and has developed a revolutionary treatment program which has helped many to become pain-free without drugs, surgery, or exercise.



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