



What to Expect the First Year

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Some things about babies, happily, will never change. They still arrive warm, cuddly, soft, and smelling impossibly sweet. But how moms and dads care for their brand-new bundles of baby joy has changed—and now, so has the new-baby bible.

Announcing the completely revised third edition of *What to Expect the First Year*. With over 10.5 million copies in print, *First Year* is the world's best-selling, best-loved guide to the instructions that babies don't come with, but should. And now, it's better than ever. Every parent's must-have/go-to is completely updated.

Keeping the trademark month-by-month format that allows parents to take the potentially overwhelming first year one step at a time, *First Year* is easier-to-read, faster-to-flip-through, and new-family-friendlier than ever—packed with even more practical tips, realistic advice, and relatable, accessible information than before. Illustrations are new, too.

Among the changes: Baby care fundamentals—crib and sleep safety, feeding, vitamin supplements—are revised to reflect the most recent guidelines. Breastfeeding gets more coverage, too, from getting started to keeping it going. Hot-button topics and trends are tackled: attachment parenting, sleep training, early potty learning (elimination communication), baby-led weaning, and green parenting (from cloth diapers to non-toxic furniture). An all-new chapter on buying for baby helps parents navigate through today's dizzying gamut of baby products, nursery items, and gear. Also new: tips on preparing homemade baby food, the latest recommendations on starting solids, research on the impact of screen time (TVs, tablets, apps, computers), and “For Parents” boxes that focus on mom's and dad's needs. Throughout, topics are organized more intuitively than ever, for the best user experience possible.

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Katy Pinkham:

What do you concentrate on book? It is just for students since they're still students or this for all people in the world, what best subject for that? Just you can be answered for that query above. Every person has different personality and hobby per other. Don't to be pushed someone or something that they don't want do that. You must know how great in addition to important the book What to Expect the First Year. All type of book would you see on many resources. You can look for the internet options or other social media.

Marc Starr:

Information is provisions for those to get better life, information these days can get by anyone on everywhere. The information can be a know-how or any news even a problem. What people must be consider when those information which is inside the former life are challenging to be find than now's taking seriously which one works to believe or which one the actual resource are convinced. If you receive the unstable resource then you understand it as your main information there will be huge disadvantage for you. All of those possibilities will not happen within you if you take What to Expect the First Year as the daily resource information.

Michael Durkin:

Your reading sixth sense will not betray anyone, why because this What to Expect the First Year book written by well-known writer whose to say well how to make book that can be understand by anyone who else read the book. Written in good manner for you, dripping every ideas and publishing skill only for eliminate your hunger then you still skepticism What to Expect the First Year as good book not merely by the cover but also by the content. This is one book that can break don't judge book by its protect, so do you still needing one more sixth sense to pick that!? Oh come on your reading through sixth sense already said so why you have to listening to one more sixth sense.

John Harrison:

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