



Mexican Paleo: Delicious Mexican Recipes from the Paleo Kitchen (Mexican Paleo Cookbook)

Gordon Rock

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This **Mexican Paleo cookbook** features 30 delectable recipes reflecting the flavors of Mexican cuisine. This cookbook is ideal for those who want to whip up a healthy meal with some flavor in almost no time. Nothing fancy and expensive is required to make a perfect Mexican meal in your very own **paleo kitchen**.

You can expect to go through some paleo-friendly versions of the traditional recipes that you thought you might have to give up in order to maintain a healthy eating routine. We have modified several orthodox recipes to convert them into **Mexican paleo recipes**, so that you can enjoy delicious Mexican cuisine without the guilt associated with it. Enjoy your journey ahead!

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