



Evidence-Based Practice Workbook

Paul P. Glasziou, Chris Del Mar, Janet Salisbury

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The *Evidence-based Practice Workbook* is an ideal tool for use by GPs, medical specialists and other healthcare professionals to learn the concepts of evidence-based practice (EBP). Practical and interactive, this workbook provides simple methods to help health professionals find and use the best evidence to answer clinical questions, developing their skills in:

- asking clinical questions
- searching for answers
- discriminating good from poor information and research
- using the answers to make clinical decisions.

This attractive, colour workbook provides a clear explanation of EBP skills and concepts. Written by internationally respected authors, this expanded and updated edition has been developed from evidence-based practice workshops run by the Centre for Evidence-Based Medicine at the University of Queensland and Oxford, and contains information and exercises to help health professionals learn how to use EBP in their clinical practice.

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