



Journal Keeping: How to Use Reflective Writing for Learning, Teaching, Professional Insight and Positive Change

Dannelle D. Stevens, Joanne E. Cooper

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"This is the book I wish that I'd had years ago when I first started experimenting with journals in my classes. I commend it highly, and believe it has the potential to bring journaling into more widespread and effective practice in reflective learning."--Teaching Theology and Religion

"A superb tool for educators who want to be reflective practitioners, and help their students become reflective learners. I hope this fine book will be widely read and used."--Parker J. Palmer, author of *The Courage to Teach*

"Stevens and Cooper offer multiple possibilities for readers to use journaling for personal growth, fostering their own and others' learning, and managing professional life."--Marcia B. Baxter Magolda, Distinguished Professor of Educational Leadership at the Miami University of Ohio

"An impressively complete and well organized exploration of the uses of journal writing. It provides rich backing for John Dewey's key insight, namely that it's not experience that makes us learn, it's reflection on experience."--Peter Elbow, author of *Writing with Power*

One of the most powerful ways to learn, reflect and make sense of our lives is through journal keeping.

This book presents the potential uses and benefits of journals for personal and professional development?particularly for those in academic life; and demonstrates journals' potential to foster college students' learning, fluency and voice, and creative thinking.

The authors present the background to help readers make an informed decision about the value of journals and to determine whether journals will fit appropriately with their teaching objectives or help manage their personal and professional lives. They offer insights and advice on selecting the format or formats and techniques most appropriate for the reader's purposes.

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From reader reviews:

Melissa Jackson:

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Jennifer Mendoza:

The reason why? Because this Journal Keeping: How to Use Reflective Writing for Learning, Teaching, Professional Insight and Positive Change is an unordinary book that the inside of the book waiting for you to snap that but latter it will shock you with the secret this inside. Reading this book beside it was fantastic author who also write the book in such wonderful way makes the content within easier to understand, entertaining way but still convey the meaning fully. So , it is good for you because of not hesitating having this any more or you going to regret it. This unique book will give you a lot of gains than the other book include such as help improving your ability and your critical thinking approach. So , still want to hold up having that book? If I ended up you I will go to the book store hurriedly.

Pamela Rhodes:

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