



## Bullies Need Help Too!: Lesson Plans for Helping Bullies and their Victims

*Lynne Namka Ed. D.*

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New ideas and black and white cartoons to help both the bully and the victim! Practical ideas and activities from the latest worldwide research on bullying! Help children who bully recognize and break into feeling of their disgust and contempt that lead to harmful behaviors. Help your middle schoolers and teens learn strategies to control angry feelings and break into errors of thinking that it's okay to harass others because it feels fun. The lesson plans teach the values of respect, tolerance of differences, empathy and feeling good about stopping harmful acts. They foster kindness and expose children to the addictive feel-good emotions that being supportive with others bring. They give positive ideas with strategies for victims on building assertiveness and how to walk tall, deal with bullies and build confidence and good self-esteem. Included are fun cartoons of kids and teens to challenge teasing and harassment.



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**Gary Glover:**

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**Philip Edwards:**

Spent a free time and energy to be fun activity to do! A lot of people spent their spare time with their family, or their own friends. Usually they accomplishing activity like watching television, going to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could be reading a book can be option to fill your totally free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to attempt look for book, may be the book untitled Bullies Need Help Too!: Lesson Plans for Helping Bullies and their Victims can be excellent book to read. May be it is usually best activity to you.

**Donna Valdez:**

The reason? Because this Bullies Need Help Too!: Lesson Plans for Helping Bullies and their Victims is an unordinary book that the inside of the reserve waiting for you to snap this but latter it will distress you with the secret it inside. Reading this book adjacent to it was fantastic author who all write the book in such remarkable way makes the content inside easier to understand, entertaining way but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This phenomenal book will give you a lot of rewards than the other book get such as help improving your talent and your critical thinking means. So , still want to hesitate having that book? If I ended up you I will go to the e-book store hurriedly.

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