



Mind & Body Weapons - Total Attack Elimination

Part II. (T.A.E. Total Attack Elimination Book 2)

William Lee

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EXACTLY WHAT MOST SELF DEFENSE COURSES AVOID TO TEACH YOU

TAE Part 2 is not ordinary book - It is complete package with 14 videos, more real-life photos and detailed guidelines. (You DON'T necessarily need a Kindle Reader to buy and read this book. It's available for immediate reading on your PC or Mac.)

All fans of self-defense and the first Total Attack Elimination book by Sifu William Lee will be glad to know that he's developed additional 14 videos, more real-life photos, and descriptions that will allow you to learn exactly how to take down a violent opponent fast and without unnecessary force.

It is NOT only about the skills. Psychology behind the self defense such as mental awareness or overcoming subconscious blocks are the aspects probably explained in poorest ways but are in fact crucial for personal safety in real life situations. Sifu Lee here reveals easy to apply proven Mind and Body methods that everyone can use with biggest success rate.

You can learn exactly how to turn your Mind (that is often greatest liability) in to a sharp, laser pointed weapon. As an build up on the skills presented in Part 1, Pressure point self defense presented in the TAE Part 2, offer modern men and women exactly what reality of modern life demands.

Total Attack Elimination II covers 'street situations' such as: Shoulder Grab, Wrist Grab, Grab From Behind, Hook Punch, etc. Other scenarios include moves when there's no room to strike, push back, or similar. Best of all, since Lee counsels about factors many feel missing, such as increase the element of surprise, minimizing legal implications and ability for the attacker to plead that they were the victim of unprovoked aggression. Lee's methods can be used by anyone, regardless of physical strength and prior training, and are also applicable for anyone who has gone through martial arts training and wished to add to their existing knowledge base.

MESSAGE FROM THE AUTHOR SIFU WILLIAM LEE

???THIS BOOK AND VIDEO IS NOT FOR PEOPLE THAT THINK THEY CAN DEFEAT AGGRESSOR BY BRUTE PHYSICAL FORCE. In my life, I have met with numerous people like some of the reviewers of this book.

Dear readers! Man and women carrying through life that superficial mindset on their shoulders are in fact individuals that belong amongst the "most endangered species" as well as "most vulnerable" group when we speak about reality of aggressive real life self defense. Here is why:

- They think their speed, strength, skills of punching or kicking are enough to protect them
- They are missing entire 'inner game' that is most important factor of any aspect of life INCLUDING martial arts and self defense
- These individuals mostly attract the troubles and attackers by irritating predators with the falsely build 'I am strong and powerful - you can touch me' attitude

These people are simply unfortunate individuals, missing to grasp crucial aspects of life. I can guarantee you, completeness in self defense can only be achieved if you learn and develop both, inner and external weapons.

W. Lee

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