



The Art of Unarmed Stage Combat

Robert Najarian

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The Art of Unarmed Stage Combat is your guide to the principles and techniques of theatrical violence, combining detailed discussions of the mechanics of stage fighting with the nuances of acting decisions to make fighting styles reflect character and story. Expert Fight Director Robert Najarian offers never-before-published games and exercises that will allow you to develop the skills and concepts for performing violence for stage and screen. This title utilizes a unique system of training techniques that result in stage violence that is both physically engaging for you as a performer, while remaining viscerally engaging for the audience.

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