



How To Stop Your Doctor Killing You

Dr Vernon Coleman

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For over 20 years this massive international bestseller has been widely praised by caring doctors. Bestselling author Dr Coleman, a registered GP, explains that the person most likely to kill you is not a burglar, a mugger, a deranged relative or a drunken driver. The facts show that the person most likely to kill you is your doctor. This classic explains how to protect yourself from this serious threat to your life. There are sections on tests and investigations, drugs, repeat prescriptions, mental health care, alternative medicine, cancer, healthy eating, self-healing, breast cancer scandals, the danger of too many X rays, benzodiazepine tranquillisers, blood cholesterol (and drugs used for lowering it) and the danger of side effects. There are chapters on: How to survive in hospital; Questions to ask before taking a prescribed drug; How to get the best out of your doctor; Ten good reasons why you shouldn't trust your doctor and How to read your prescription. There is advice on second opinions and how to make sure your doctor doesn't bully you.

What readers and reviewers say about Dr Vernon Coleman and this book:

'He's the Lone Ranger, Robin Hood and the Equalizer rolled into one.' - Glasgow Evening Times

'Snappy prose and controversy expertly blended with authoritative facts. Dr Coleman's prose is yet another winner. The Good Book Guide

'How to Stop Your Doctor Killing You' has probably saved my life.' D.C., Somerset

'I would like your readers to know that here is one doctor who firmly agrees with you, particularly about doctors and drugs. Your books are a revelation and I have recommended them to patients, as well as to friends and relatives.' - Dr B.R., hospital consultant

'The living terror of the British medical establishment.' - Irish Times

'This book should be required reading for practitioners, doctors as well as all hapless patients, who need to be protected from our doctors.' Dr S.G., Positive Health Magazine

'Much needed information, useful advice on what to do and support when interacting with medical professionals.' - The Fulcrum

'Should be required reading for doctors as well as patients.' GP

'Coleman argues that the person most likely to kill you is not a relative, a mugger or a drunken driver but your doctor. One in six patients currently in hospital are there because they have been made ill by a doctor.' Channel 4 News

'I sent a copy to my granddaughter in Australia. Her friends are queuing up to read it.' A.K.

The author

Dr Vernon Coleman MB ChB DSc FRSA, is a registered GP. He has written over 100 books which have sold over two million hardback and paperback copies in the UK and been translated into 25 languages. He is a Sunday Times bestselling author.

What the papers say about Vernon Coleman:

'No thinking person can ignore him.' The Ecologist

'Vernon Coleman writes brilliant books.' The Good Book Guide

'A godsend.' Daily Telegraph

'Superstar.' Independent on Sunday

'Brilliant.' The People

'Compulsive reading.' The Guardian

'His message is important.' The Economist

'The man is a national treasure.' What doctors don't tell you

'Revered guru of medicine.' Nursing Times

'It's impossible not to be impressed.' Western Daily Press

‘Marvellously succinct, refreshingly sensible.’ The Spectator
‘Probably one of the most brilliant men alive today.’ Irish Times
‘King of the media docs.’ The Independent
‘Britain’s leading medical author.’ The Star
‘Britain’s leading health care campaigner.’ The Sun
‘The patients’ champion.’ Birmingham Post
‘The doctor who dares to speak his mind.’ Oxford Mail
‘He writes lucidly and wittily.’ Good Housekeeping
‘A persuasive writer whose arguments, based on research and experience, are sound.’ Nursing Standard
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