



# Your Baby's First Year Deck: 50 Basic Infant Care Techniques

*American Academy Of Pediatrics*

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## **Your Baby's First Year Deck: 50 Basic Infant Care Techniques** American Academy Of Pediatrics

Based on the bestselling book from the American Academy of Pediatrics, this user-friendly deck features 50 of the most essential tips for caring for your infant. Drawing on the contribution and practical wisdom of more than 100 pediatricians, this informatively illustrated deck is organized in an easy-to-reference format that is convenient for new parents. You'll find:

- A quick guide to the developmental stages of baby's first year
- Techniques for bathing, swaddling, and coping with colic
- Solutions for sleeping challenges
- A cheat-sheet for vaccinations.



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