



# **Adult Nurse Practitioner Exam Secrets Study Guide: NP Test Review for the Nurse Practitioner Exam**

*NP Exam Secrets Test Prep Team*

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## **Adult Nurse Practitioner Exam Secrets Study Guide: NP Test Review for the Nurse Practitioner Exam**

NP Exam Secrets Test Prep Team

**\*\*\*Includes Practice Test Questions\*\*\***

**Get the test prep help you need to become adult nurse practitioner test.**

The Adult Nurse Practitioner Exam is extremely challenging and thorough test preparation is essential for success. *Adult Nurse Practitioner Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the Adult Nurse Practitioner Exam.

Not only does it provide a comprehensive guide to the Adult Nurse Practitioner Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

*Adult Nurse Practitioner Exam Secrets Study Guide* includes:

- A thorough review for the Adult Nurse Practitioner Exam
- A breakdown of assessing acute and chronic illness
- An examination of clinical management
- A guide to health promotion and disease prevention
- An in-depth look at the nurse practitioner and patient relationship
- An analysis of professional role and policy
- A breakdown of research utilization
- A guide of sample scenarios

It's filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and vocabulary that the Adult Health Nurse Practitioner Examinations expects you to have mastered before sitting for the exam.

**The Assessment of Acute and Chronic Illness section covers:**

- Pneumonia
- Coronary artery disease
- Congestive heart failure
- Myocardial infarction

**The Clinical Management section covers:**

- Blood pressure classification guidelines
- Calcium channel blockers
- Asthma
- Tuberculosis

**The Health Promotion and Disease Prevention section covers:**

- Rheumatic fever

- Patient education
- Addison's disease benign prostatic hyperplasia
- Elderly population

**The Nurse Practitioner and Patient Relationship section covers:**

- Health assessment
- Finding risk factors
- Interviewing elderly patient

**The Professional Role and Policy section covers:**

- National Council of State Boards of Nursing
- Nurse practitioner education
- APRN credentials
- Case management
- Malpractice

**The Research Utilization section covers:**

- Evidence-based practice
- Research for advanced practice
- Healthy People 2000 and 2020
- Creation of nurse practitioner role

**The Sample Scenarios section covers:**

- Initial medical attention required...
- When dizziness as a symptom may be a sign of a heart problem
- What to do if the patient does not have a patellar reflex
- The use of a beta-blocker for someone with ongoing respiratory complications

These sections are full of specific and detailed information that will be key to passing the Adult Nurse Practitioner Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

Any test prep guide is only as good as its practice questions and answers, and that's another area where our guide stands out. Our test designers have provided scores of test questions that will prepare you for what to expect on the actual Adult Nurse Practitioner Exam. Each answer is explained in depth, in order to make the principles and reasoning behind it crystal clear.

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