



# Autobiography of a Recovering Skinhead: The Frank Meeink Story as Told to Jody M. Roy, Ph.D.

*Frank Meeink, Jody M. Roy*

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*Autobiography of a Recovering Skinhead* is Frank Meeink's raw telling of his descent into America's Nazi underground and his ultimate triumph over drugs and hatred. Frank's violent childhood in South Philadelphia primed him to hate, while addiction made him easy prey for a small group of skinhead gang recruiters. By 16 he had become one of the most notorious skinhead gang leaders on the East Coast and by 18 he was doing hard time. Teamed up with African-American players in a prison football league, Frank learned to question his hatred, and after being paroled he defected from the white supremacy movement and began speaking on behalf of the Anti-Defamation League. A story of fighting the demons of hatred and addiction, Frank's downfall and ultimate redemption has the power to open hearts and change lives.



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