



**International Paleo, Gluten-Free, Low Carb  
Crock-Pot Recipes: 59 Easy and Delicious  
Breakfasts, Soups, Salads, Dinners, and Desserts:  
All Paleo Perfect, ... - International Paleo Series  
Book 8)**

*Tag Powell*

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# **International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8)**

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**Hi!**

**I am Tag Powell. I have had the good fortune to travel the world and enjoy the food delights of each country. Upon returning home I discovered little substitutions to create the same dishes at home.**

**Forget for awhile about the fact that this Paleo, gluten free, low carb, no processed sugar, non-dairy slow cooking cookbook. Let's think about the taste.** These amazing international crock-pot recipes are absolutely delicious. I cook a lot, always trying new recipes and every once in a while I enjoy an escape to a "magic meal".

Reader Maryanne K., a teacher and mother of three, said "Crock-Pot is the Magic Pot that will cook while I go to work, run errands, grade homework or spend time with the kids. You can prepare several meals at your leisure and freeze them and toss them in your Crock-Pot as needed. A meal that cooks itself, it is magic".

Your "Magic Meal" will be chosen from one of these 59 Easy and Delicious International Crock-Pot Recipes. It doesn't matter if it's Breakfast, Soups, Salads, Dinners, or Desserts they are all covered in their sections.

Any recipe is instantly at your finger tips through the one click in the organized index.

Full color pictures on most recipes to help you know what you are making.

**You can read any International Paleo Kindle book on your PC, Mac, Notebook, Tablet or Smart Phone from anywhere with free Amazon app.**

**Read The Reviews!**

I am sure you already know about Paleo but you will want to share this book with friends through Amazons members free loan program. I don't consider Paleo system a diet it is really a substitution of a few things, you can eat the good stuff. And the guys love it because they can have bacon. I call Paleo a diet for the rest of us. Send this book to friends who don't know about this wonderful system. To help them, I start with an introduction to the Paleo system, a short history, the Paleo basics and the difference between Paleo and Gluten-Free.

**You can join me on a quick trip around the globe without leaving your kitchen.**

Greek Minced Lamb and Sausage Meatballs

Indian Chicken Curry Style

Spicy Hungarian Stew with Sausage and Chicken  
German Beef Shanks  
Mexican Chicken Enchilada Stew  
New England Apple Pork Recipe  
Smokey Coffee Roast  
Delicious Crab Chili Chowder  
Ranch Hand's Chili Beef Stew  
California Beef Roast with Orange Zest, Coffee, and Cinnamon

Still room for desert? Try...

Bananas Foster

Overnight Apple Cobbler

Remember all these luscious delights are International Paleo, Gluten-Free, Low Carb and Dairy-Free Crock-Pot Recipes. You will be the only one who knows it really healthy food.

Grab this book now while you are thinking about it!

Still undecided? Check these Amazon Verified Reviews...

Amazon Verified Reviewer

**Lysanne P. - 5-Star Purchase Verified**

Oh my....this cookbook has so many amazing paleo friendly recipes to use in your slow cooker, what could be better? I have a son allergic to gluten so I am always looking for new recipe ideas and using my slow cooker is even better. Not only do you come back home with a delicious meal ready to eat, you know it will be great, gluten-free and the house smell so good. I will be using this cookbook often.

Amazon Verified Reviewer

**Liz Sandford - 5-Star**

I just gave myself the best gift ever! Tag's Paleo Gluten Free Low Carb Crockpot Recipes is perfect for the upcoming holidays and every day. I've been a fan of this author for a long time. In this book Tag explains the difference between recipes that are 'Paleo' and those that are 'Gluten Free'. An important distinction. I was expecting main course recipes (I'm trying his 'Crockpot Mashed Potatoes' with 'Paleo Turkey' for Christmas Day) but he even has recipes for breakfast and dessert.

**J. Stevens - 5-Star Verified**

If you are new to Paleo diet and is wondering why it is such a hot healthy trend, you should read this book. You will get a brief history of Paleo a

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**From reader reviews:**

**Chuck Deschenes:**

Why don't make it to become your habit? Right now, try to prepare your time to do the important work, like looking for your favorite book and reading a reserve. Beside you can solve your long lasting problem; you can add your knowledge by the book entitled International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8). Try to face the book International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) as your close friend. It means that it can to be your friend when you experience alone and beside that of course make you smarter than in the past. Yeah, it is very fortunated for you. The book makes you a lot more confidence because you can know every thing by the book. So , let me make new experience and knowledge with this book.

**Anthony Rouse:**

A lot of people always spent their own free time to vacation or even go to the outside with them friends and family or their friend. Do you know? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. In order to try to find a new activity here is look different you can read a book. It is really fun for yourself. If you enjoy the book you read you can spent 24 hours a day to reading a e-book. The book International Paleo, Gluten-Free, Low Carb Crock-Pot Recipes: 59 Easy and Delicious Breakfasts, Soups, Salads, Dinners, and Desserts: All Paleo Perfect, ... - International Paleo Series Book 8) it is extremely good to read. There are a lot of people that recommended this book. These folks were enjoying reading this book. Should you did not have enough space to develop this book you can buy typically the e-book. You can m0ore simply to read this book from your smart phone. The price is not very costly but this book possesses high quality.

**Doris Cobb:**

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**Victor Havens:**

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