



Pelvic Floor Re-education: Principles and Practice

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This book on pelvic floor re-education provides a comprehensive overview of the subject, along with other aspects of the clinical assessment and management of pelvic floor disorders. It is written for all health care professionals working with women with urogynecological disorders. Practical techniques of muscle assessment and investigative methodologies are reviewed and up-to-date information on anatomy and physiology is discussed. The text is clear, practical, and is written from experience in the field. An algorithmic approach takes the reader through the options for clinical evaluation and treatment.

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